



**FOR IMMEDIATE RELEASE**

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## **Orangetheory Fitness Ribbon Cutting**

### ***New Fitness Center in Westmont***

**Westmont, Illinois** – The Westmont Chamber of Commerce and Tourism Bureau, and the Village of Westmont wish to extend a warm Westmont welcome to Orangetheory Fitness, which has opened a new location at 19 West Ogden Avenue, Westmont. The future of fitness is here. The idea of Orangetheory is this: a 60-minute workout designed to push members into the Orange Zone. This creates "Excess Post-Exercise Oxygen Consumption," or EPOC. It's what burns calories after the workout and gives members noticeable, lasting results with Orangetheory Fitness.

The business community and elected officials gathered at 19 West Ogden Avenue, Westmont, on Thursday, October 29<sup>th</sup>.

Owner Kathy Stratton said, "We have been anxiously awaiting our grand opening in Westmont and it's finally here! We have a fast growing list of Orangetheory Fitness members. Come join in the fun!"

The President of the WCCTB, Al Carson, came dressed for a workout to the event! He remarked, "Celebrating and supporting our businesses is key to continued economic growth. Welcome to Orangetheory Fitness. We wish you many successful years to come."

For more information about Orangetheory Fitness call 630-326-3000 or visit their website at [www.orangetheoryfitness.com/downers-grove](http://www.orangetheoryfitness.com/downers-grove).

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The Westmont Chamber of Commerce and Tourism Bureau, (WCCTB), is the voice of the Westmont Business community and provides the platform for our business community to work in support of enhanced economic development and growth for our Westmont Area. Learn more about WCCTB at [www.westmontchamber.com](http://www.westmontchamber.com).

*Pictured from left to right front row: Kevin Carey, Village Trustee Jim Addington, Mayor Ron Gunter, Chamber President Al Carson, Owner Kathy Stratton, Owner Paul Stratton, Jill Ziegler, Amy Porter, Leslie Abrahamson, Dave LaBrash, Mary Lu Connally, Greg Pill*

