March 5, 2015

Press Release

Rosecrance hosts free training for families struggling with substance abuse

Workshops provide education for families to better understand addiction

Substance abuse affects the whole family, not just the abuser. Sometimes the best course of action for those closest to the abuser is to educate themselves about the dynamics of addiction and help the abuser see and feel the negative consequences of his or her behavior.

Rosecrance, in collaboration with David Lee, is offering three free workshops – each at multiple locations -- to equip families and professionals with tools to guide the abuser toward help.

Instructor David Lee is the founder of Indiana-based Intervention Services and Technologies, Inc., the largest intervention service provider in North America. Lee has more than 10 years of experience in Interventions, addiction counseling, family systems and recovery.

“The Most Common Parent Trap” teaches parents what they can do if their child has started experimenting with drugs or alcohol. This workshop will examine trends in teenage drug use, avoiding traps to which parents are susceptible, and getting your child on the right path. Dates are as follows:

March 19, 2015 | 7 pm
Glenbrook South High School
4000 W Lake Ave
Glenview, IL 60026

April 7, 2015 | 7 pm
Warren Township Youth and Family Services
100 S Greenleaf St
Gurnee, IL 60031

April 9, 2015 | 7 pm
Orland Township Youth & Family Services
14807 S Ravinia Ave
Orland Park, IL 60467

April 28, 2015 | 7 pm
Renz Addiction Counseling Center (South Elgin Room)
Two American Way
Elgin, IL 60120

(more)
“What Can I Say to Convince Them to Quit?” is available for family members who are concerned about a loved one’s substance use. Attendees will learn ways of interacting with their loved one regarding the use of substances. Participants will hear a personal story of addiction and recovery; learn what to avoid when talking with a substance abuser; and connect with helpful resources for support, intervention and treatment. Dates are as follows:

**April 14, 2015 | 7 pm**  
Rosecrance Naperville  
(Room 2135 South)  
2135 CityGate Ln  
Naperville, IL 60563

**May 5, 2015 | 7 pm**  
Warren Township Youth and Family Services  
100 S Greenleaf St  
Gurnee, IL 60031

**April 30, 2015 | 7 pm**  
New Lenox Village Hall  
1 Veterans Pkwy  
New Lenox, IL 60451

“Why Families Wait to Intervene” will help professionals understand why many families are unable to help a substance abuser get healthy or seek treatment without outside intervention. The goal of this workshop is to help attendees learn new ways to work with these families. Participants will learn how a family system struggles with addiction, what the disease model is and how it works, how emotions of family members are high jacked by the addict, and tools to spot subtle family dynamics that may be red flags. Registration includes training materials, continental breakfast and CEUs. Dates are as follows:

**April 28, 2015 | 11 am**  
Renz Addiction Counseling Center  
Two American Way  
Elgin, IL 60120

**May 8, 2015 | 10 am**  
Warren Township Youth and Family Services  
100 S Greenleaf St  
Gurnee, IL 60031

To register for any of these workshops, go to [www.rosecrance.org/events](http://www.rosecrance.org/events).

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About Rosecrance
Rosecrance is a leading provider of treatment services for substance use and mental health disorders. A private not-for-profit organization, Rosecrance serves more than 16,000 children, teens, adults and families each year. Rosecrance provides comprehensive care through inpatient and outpatient programs in Rockford, IL, and services at five satellite offices in Chicagoland and elsewhere in northern Illinois and southern Wisconsin. The organization was founded in 1916 (More information at rosecrance.org).