GMCCI Presents the 48th Annual Musca-Fu-Da Golf Outing

On Friday, August 24, GMCCI will host the 48th Annual Harold Ogilvie Musca-Fu-Da (Muscatine Fun Day) Golf Tournament. This year’s event will be held at the Muscatine Municipal Golf Course.

Mark your calendars for this fun-filled day and reward your business associates and employees with a day of golf, contests, networking, food, raffle prizes and an award ceremony. It will include 18 holes of golf, contests on the course, beverage tokens and participation gifts.

Registration and lunch will begin at 11:00 a.m., with a shotgun start at 1:00 p.m. Dinner will be served at 5:30 p.m. with an award presentation and raffle drawing to follow.

Deadline for registration and sponsorship is Tuesday, July 24. Space is limited to the first 144 registrants. Golf participants will receive a cart, green fees, participation gifts, beverage tokens, raffle ticket, a boxed lunch and dinner as part of their registration fee. Each foursome must have at least one golfer from a GMCCI member company. Non-golfers may attend the dinner to socialize and network for a reduced fee.

Volunteers are still needed to help man the course helping with various registrations duties, raffle prizes and contests. Please contact Jodi Hansen at GMCCI at 263-8895 or jhansen@muscatine.com if you are able to volunteer.

Sponsorships available include: Eagle Level ($1000), Birdie Level ($500), Par Level ($350), Lunch ($750), Bag Drop ($450), Beverage Station ($350), Driving Range ($200), Tee or Hole Sponsor ($200 or $300 for both) and Swag Bag Sponsor ($50).

Raffle donations are still being collected and can be donated in the amounts of Gold ($100), Purple ($75) and White ($50). All cash donations will be put towards several large themed raffle prizes. If your company has specific items they’d like to donate, please call the GMCCI office to arrange.

Reservations for this year’s Musca-Fu-Da can be made by calling GMCCI at 263-8895, by faxing your registration form to 263-7662 or by emailing seitman@muscatine.com.
Renewed Members

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<tr>
<th>Company</th>
<th>Years</th>
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<tr>
<td>KWPC 860 AM/ MAC 93.1 FM Radio</td>
<td>66</td>
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<tr>
<td>Stanley, Lande &amp; Hunter PC</td>
<td>56</td>
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<tr>
<td>Bridgestone Commercial Solutions Group</td>
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<tr>
<td>McKee Button Co</td>
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<tr>
<td>Loretta B. Mealy Attorney at Law</td>
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<td>Freers &amp; Sons Tree Service</td>
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<td>Pearl Management Co.</td>
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<td>Union Tank Car Company</td>
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<td>Happy Joe’s Pizza &amp; Ice Cream Parlor-North</td>
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<td>Happy Joe’s Pizza &amp; Ice Cream Parlor-South</td>
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<td>MidAmerican Energy Co</td>
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<td>Ralph Wittich-Riley-Freers Funeral Home</td>
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<td>Cam II Warehouse</td>
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<td>Iow@ Work</td>
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<td>River Rehabilitation, Inc</td>
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<td>Phelps, The Uniform Specialists</td>
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<td>US Bank</td>
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<td>Youth Sports Foundation</td>
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<td>Ascentra Credit Union</td>
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<td>Ruhl &amp; Ruhl REALTORS/1862</td>
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<td>Integrated Technology Partners</td>
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<td>Fleck Sales</td>
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<td>Muscatine Art Center</td>
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<td>Genesis Health System</td>
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<td>Muscatine Radiology PC</td>
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<td>Elly’s Tea &amp; Coffee House</td>
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<td>Lions Club International of Muscatine</td>
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<td>Retirement Resource Group</td>
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<td>Edward Jones - Bobbie Holliday</td>
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<td>Great River Tire and Service Inc</td>
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<td>Olson Family Dentistry, PLLC</td>
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<td>University of Iowa- MBA</td>
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<td>Professionals &amp; Managers</td>
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New Members

Healthy Perspectives
Kristine Aretz
3409 Baton Rouge Road
Muscatine, IA 52761
814-397-4769
Kristinearetz24@yahoo.com
*By appointment only*

With over 26 years of experience, Kristine Aretz is a certified Personal Trainer and Exercise Specialist, specializing in training of all ages (3-85+). She helps people to meet and execute their healthy lifestyle and fitness goals. Looking to get motivated? Contact Aretz today, as she comes to her client’s home for their training and also travels to Anytime Fitness if they prefer training at their facility.

Edward Jones Investments – Turner Nelson
1604 Plaza Place
Muscatine, IA 52761
563-263-2863
turner.nelson@edwardjones.com
www.edwardjones.com

Turner Nelson is the newest member of Edward Jones Investments here in Muscatine. He can help with multiple services including: preparing for retirement, paying for education, estate planning and inheritance, investments, borrowing, insurance, trust management and much more. Schedule your financial meeting today!

Riders Club of Muscatine
1808 Mulberry Avenue
Muscatine, IA 52761
563-263-7292 ext. 101
polly@myridersclub.com

The Riders Club of Muscatine has a primary goal to give low cost, safe and personalized transportation to Muscatine’s greatest asset, our seniors. Their volunteers give their time in a fun and fulfilling way by helping seniors gain back their independence, while improving their life, in the mode of personal transportation.

Francesca Vitale’s
128 East 2nd Street
Muscatine, IA 52761
563-263-0722
www.francescavitales.com
www.facebook.com/FrancescaVitales

Francesca Vitale’s is delivering fine Italian cuisine to downtown Muscatine showcasing their delicious food, drinks, take-out, and a private banquet room all featuring Italian delicacies. Call to book your next corporate event for lunch or dinner, or simply come and enjoy their pizza, pasta and steak in a quiet, casual atmosphere.
GMCCI members and staff were sent scavenging at Business After Hours on Thursday, June 14, hosted by Bickford of Muscatine, 2807 Cedar Street, Muscatine.

Bickford of Muscatine provides independent living, assisted living, memory care, companion care and short term stays for seniors of all ages. They recognize the diversity represented by each family’s story and wish to honor each person as truly an individual. At Bickford, they’ve taken all of this into account and have created services to provide for their residents, friends and family.

GMCCI members were able to participate in a one-of-a-kind scavenger hunt throughout the Bickford facility while mingling with others. All guests enjoyed a variety of foods prepared by the Bickford chef including: chicken salad croissants, wraps, strawberry spinach salad, relishes, fresh fruit, stuffed mushrooms, barbecue sausages, Oreo brownies, peanut butter bars, lemon bars and chocolate covered strawberries. Flavored teas, lemonade, beer and wine, provided by Ardon Creek Vineyard & Winery, helped to supply the event.

Many door prizes provided by local businesses and Bickford were drawn at the end of the evening. The winners were as follows: oil changes, Blake Woebbeking, Central State Bank; Brian Chapman, Clarion Hotel; Amy Bakke, BeautiControl, an airplane ride over Muscatine County, Frank Iliff, Rebuilding Together Muscatine County, Ardon Creek gift certificate, Danielle Day, Grape Tree Medical Staffing, Yacky Shack gift certificate, Amber Nupp, Grape Tree Medical Staffing, Feather Your Nest pillows, Michael Gaeta, Prudential and bottles of wine provided by Ardon Creek to Charlie and Jean Harper, Harper Cycling & Fitness, Barry Pence, Muscatine Physical Therapy Services and Jamie Foster, Grape Tree Medical Staffing.

Joseph Pack-n-Ship was drawn as GMCCI’s Member Spotlight for the month of July. Read more about Joseph Pack-n-Ship on page 5.

This month’s Business After Hours will be held on Thursday, July 12 from 5 to 7 p.m., hosted by Muscatine Physical Therapy Services. This Business After Hours will be held at their new MPTS Sports Performance Center, located in the Lincoln Center, 810 Park Avenue, Muscatine.

Remember if you work for a Chamber member, then you ARE a Chamber member. We encourage all to attend to socialize and network with peers within the business community.
YPN Thanks 2011-2012 Leadership Council Members
A Note From The YPN Chairperson, Andrea Scott

I would like to take a moment to thank the outgoing LC Members for their contribution during their 2011-2012 Leadership Council Term. While there can be many rewards to involvement at the committee and LC level, it also takes time and dedication in addition to everyone’s already busy lives.

Thank you to Nate Olson from Olson Family Dentistry for taking on the role of Treasurer. Nate will continue to be involved at the committee level of YPN and aid with the new YPN Scholarship program.

Also, thank you Rose Herrick, First National Bank of Muscatine, for leading the Community and Professional Development Committee. Rose has been dedicated to YPN at the committee level for many years and we appreciate her willingness to take on additional responsibility in the previous year. Thank you also to Nichole Sorgenfrey from the Clarion Hotel for chairing the Social Committee. Nichole has spent many years involved with the Social Committee and helping provide fun and beneficial events to our members.

Those remaining on LC are: Andrea Scott, Chairperson, First National Bank of Muscatine; Nick Gow, Immediate Past Chairperson, City of Muscatine; Trista Sotelo, Central State Bank, Secretary/ Public Relations Chairperson; and Christi Saunders, Membership Chairperson, Grain Processing Corporation. Thank you for your continued support of YPN, we look forward to another great year.

Incoming LC members will begin their positions on July 1 and include: Nate Meineke, Treasurer, First National Bank of Muscatine; Alyshea Froelich, Community and Professional Development Chairperson, Feather Your Nest Interiors; and Ashley Clennan, Social Committee Chairperson.

Please join me in wishing well our outgoing LC members and welcoming our new LC!

YPN’s next Third Thursday event will be held at The Charthouse, on Thursday, July 19 from 5:30 to 7:30 p.m.

Some members of the YPN Co-Ed Sand Volleyball Team enjoyed dinner at the Button Factory before their game on June 13. Pictured: Ashley Clennan and Nash Clennan, Gerry Roark Janell Kassel and McKenna Kassel, Tyson Kassel, Nick Gow, Alyshea Froelich, Seth Munier, Jazmine Bessett, Andrea Scott, Nate Olson. (Not pictured: Adam Baier, Wendy Beatty, and Jordon Bell)
Member Spotlight: Joseph Pack-N-Ship

Who: Joseph Pack-N-Ship
What: Joseph Pack-N-Ship is a full service packing and shipping company, offering the services of packing, crating, shipping, printing, copies, video transferring, binding, faxing, laminating, party invitations, announcements and much more.
Where: 200 Cleveland Street, Ste. A, Muscatine
Website: www.josephpacknship.com
Member Since: August 27, 2007

Founded in 2006, Joseph Pack-N-Ship is a subsidiary of Joseph Industries, which includes Joseph Pack-N-Ship as well as Joseph International Freight Service. After 10 years of service in the freight industry they expanded to be able to help the general public with their packing and shipping needs.

Tony Joseph, owner, knows that even after their expansion in 2006, many in the community still do not know everything that they do.

“I always like to stress that we do a lot more than just packing and shipping. We can be your small business’ marketing hand. We handle everything from binding, design, posters and banners to laminating and VHS to DVD transfer.”

Joseph Pack-N-Ship is a member of the Associated Mail and Parcel Centers, and is an authorized shipper for FedEx, DHL, USPS and SpeeDee Delivery. Not one delivery is complicated for them, as their staff is trained and certified by the Retail Shipping Institute in specialty and international shipping.

Beyond packing and shipping, Joseph, is also heavily involved in the Muscatine Community, volunteering and helping in various clubs and organizations such as Rotary Club of Muscatine, GMCCI, United Way, Flickinger Learning Center, MCSA, Muscatine Community Y, Diversity Service Center of Iowa, Leadership Muscatine and Pearl City Outreach.

Joseph credits being a dedicated member with GMCCI, in return helps his business.

“Being a Chamber member gives our business credibility, as well as allowing us to network and broaden our customer base. It gives us the opportunity to be in front of a lot of people by attending various Chamber events.”

GMCCI wishes to thank Joseph Pack-N-Ship for its dedicated years of membership to the Chamber. Want your chance in the spotlight? Be sure to attend our next Business After Hours, where you’ll have the chance to be chosen to be featured.
Inspire to Get Inspired: Tune in to Belong Group Wellness with Chad Bishop

In efforts to continue to make Muscatine the healthiest community it can be, Chad Bishop had an idea. And idea that centered around relationships, nutrition and activity. Bishop’s new local television show Belong Group Wellness with Chap Bishop, is now being broadcast on Muscatine Power and Water Public Access Channel 9.

Bishop’s idea for this television show came about as he entered Muscatine Community College’s Entrepreneurship Challenge earlier this year. With a dream to open up a wellness center in Muscatine featuring group fitness, education workshops, an energy/juice bar, cooking classes and other general wellness-related activities, as well as enjoying his time as a USA Cycling Category 2 athlete, he wanted a way to share some of his knowledge and insight with the community.

The show has been made possible by Muscatine Community College and Muscatine Power and Water. Both of these organizations support the MCC Video Department and allow Bishop the opportunity to produce programming that is available to subscribers of MPW Digital TV.

Belong Group Wellness will feature community role models who are exhibiting positive behaviors in the Muscatine area; including health professionals, spiritual leaders, family resource specialists, nutritional dieticians, various business leaders and general citizens making an impact.

Bishop’s co-host will be Jane Daufeldt, Initiatives Organizer for the Muscatine Blue Zone Project, with John Elshoff of Muscatine being the show’s technical director.

Stated simply, Bishop believes a group and community wide effort is the easiest way to make healthier, better choices in your life.

"Meaningful relationships are developed through physical activity, education and group experiences."

Tune into Belong Group Wellness with Chad Bishop on Tuesdays at 1, 6 and 11 p.m., Thursdays 10 a.m., 3 and 8 p.m. and weekends airing daily at 7 a.m., 2 and 7 p.m.

GMCCI Welcomes Jodi Hansen

GMCCI welcomed Jodi Hansen to the staff in June as the organization’s new Event Coordinator. Jodi replaces Sarah Bann, who resigned in late May to follow her husband to a new position in Texas.

Jodi received her Bachelor of Arts degree from the University of Iowa in Communications. Originally from Muscatine, Jodi returned to the community after living in Chicago for 12 years. While in Chicago, she worked in the television production industry. She produced a talk show and also worked as a Production Coordinator for the PBS show Soundstage. The last few years she has worked for the Muscatine Community School District and Family Resources Inc. Jodi enjoys spending time with her husband, Steve, their families and their two dogs Jazzy and Lenny. Jodi also enjoys cycling, spending time outdoors, and entertaining friends and family.

She will be in the office on a part-time basis. Jodi loves living back in Muscatine and being involved in the community. Please join us in welcoming Jodi as the newest member of the GMCCI team.
Community Wide Events Supporting the Blue Zones Project - Muscatine

Things are heating up around the greater Muscatine area and that means the community is headed in to a summer filled with Blue Zones Project activities. Business Healthy Muscatine, a coalition of local industries and small businesses, has sponsored events for the betterment of their employees and the public. Take a look at what the Muscatine Community Y and H J Heinz have already showcased this past June.

H J Heinz sponsored a 5K walk/run for the American Heart Association on Saturday, June 2. The route was from the H J Heinz facility on Isett Avenue over to Lake Park Boulevard and up the Green Belt trail to Mc Kee Park, then circling back.

The Muscatine Community Y held the first Blue Zones Project – Muscatine endorsed event for our younger citizens, The Kids Triathlon on Saturday, June 9. It was a modified swim, bike and run with slip and slides, kiddie pools, tricycles, and a run/walk and climb course with hay-bales. The children involved moved naturally throughout the course, while having fun at the same time.

Hy-Vee’s recent Health Fair also reminded folks about Blue Zones Project – Muscatine. They had a parking lot full of hands-on reminders about being safe from the Muscatine Fire and Police Departments, while the DJ’s music tent encouraged shoppers to move naturally. Samples of yummy cheeses and wines were provided an opportunity to pair just the right combination for your nest Wine @ 5 time with friends and family.

The Blue Zones Project- Muscatine banners were also flying high at the Girls State Soccer Tournament held in early June along with the City Golf Tournament sponsored by KWPC and MAC radio stations.
Mississippi Valley Regional Blood Center Holds Ribbon Cutting at New Location

On Monday, June 18, GMCCI staff and Mississippi Valley Regional Blood Center (MVRBC) employees and donors helped to cut the ribbon for their new location in Muscatine located at 2604 2nd Avenue, Suite 6.

Susan Blaskovich, MVRBC’s Northern Division President, said reinvesting in the Muscatine community was an easy call.

“We rely on generous, volunteer donors who literally help save lives each time they give blood,” said Blaskovich. “On a per-capita basis, people in Muscatine and the surrounding area donate as frequently as any other community we serve. Their commitment ensures our products are available when needed at Trinity Muscatine and hospitals throughout our service region.”

Help them to top off the blood supply this summer! MVRBC’s hours are as follows: Monday and Tuesday 1:30 p.m. to 6:30 p.m., Thursday Noon to 5:00 p.m., every other Friday 7:00 a.m. to 11 a.m. and every other Saturday 7:00 a.m. to 11:00 a.m.

This summer, blood donors with MVRBC can help top off the local blood supply and receive a chance to win a $50 gas card at the same time. To help ensure an adequate blood supply for our region during the difficult summer months, MVRBC will hold a daily drawing for one $50 gas gift card from all donors who give blood each day from May 21 - September 8.

All persons who present to give blood at an MVRBC Donor Center or mobile blood drive will be eligible to win the drawing. To schedule an appointment for donation or to find a mobile blood drive, call the Blood Center at (800) 747-5401 or see www.bloodcenterimpact.org.

(From left) Dave Green, MVRBC CEO; Mayor DeWayne Hopkins, Susan Blaskovich, MVRBC Northern Division president; Barb Hansen, charge nurse; Sara Stych, phlebotomist; State Representative, Mark Lofgren.

MVRBC employees and donors also celebrate the new opening with Ribbon Cutting.

MVRBC employees, along with Mayor DeWayne Hopkins and Bill Phelan, President & CEO, GMCCI, celebrate their new Muscatine facility.
Every year, SCORE volunteers help thousands of entrepreneurs start small businesses and achieve new levels of success in their existing businesses. Volunteering at SCORE is a way for you to give back to your community, connect with fellow business owners, and pass on your knowledge and expertise to the next generation of entrepreneurs in your community.

SCORE volunteers provide confidential business mentoring services, both in person and online. They lead seminars and workshops to help small business owners meet their goals and achieve success. They help expand outreach of SCORE through marketing and alliance building in local communities and provide subject matter expertise by industries and professional skills.

Volunteering as a SCORE mentor means you are joining a community of 13,000 diverse volunteers who are all committed to helping small business owners succeed. Whether you have owned your own small business, come from a Fortune 500 company, retired, college student, have a sincere commitment for helping small businesses or volunteering, there is a place for you as SCORE volunteer.

As a SCORE Volunteer You Can:
- Share your success and expertise through mentoring
- Lead workshops and seminars
- Provide online or telephone mentoring directly from your home or office
- Serve in a leadership capacity with SCORE
- Serve in another capacity at SCORE (Marketing, IT, administration, finance, fundraising, HR, etc.)
- Have flexibility with your volunteering time

Benefits of Volunteering:
SCORE volunteers enjoy a variety of personal, local and national rewards. As a SCORE Volunteer, you:
- Enjoy the satisfaction of contributing to the success of others
- Share great experience with other SCORE volunteers
- Provide leadership in the business community
- Gain recognition and respect as a business mentor
- Grow professionally and personally
- Participate in lifelong learning
- Make new friends

Join SCORE Today
Share your experience. BECOME A SCORE VOLUNTEER TODAY!
Trinity Muscatine Construction Re-Routes Emergency Room Entrance

Trinity Muscatine officials are alerting area residents that the emergency room entrance has been temporarily re-routed to the main entrance door on the east side of the building effective immediately.

The change is necessary due to impending construction that will occur as part of Trinity Muscatine’s $18.5 million facilities expansion. The project encompasses the emergency, operating, laboratory and radiology departments and also includes new technology.

Trinity Muscatine officials have placed new signage on the front doors as well as changed directional signage at the entrance to the hospital campus to direct visitors to the temporary entrance.

“We know that time is of the essence when patients are facing an emergency situation. We want to make sure residents are aware of the new change so they don’t get lost and waste precious minutes,” said Trinity Muscatine President and CEO Jim Hayes. “Our goal is that by communicating the location of the temporary entrance, it will avoid confusion when accessing services in a crisis situation.”

Plans call for the project to be completed by 2013. An increased demand for health care services has made the newest expansion project necessary to meet the health care needs of the community.

When the emergency room was built in 1979 the number of patients treated was 3,500 a year. Fast forward to 2011 and just fewer than 15,000 patients were treated in the same space. By 2017, the volume of patients anticipated to be treated in the emergency room is estimated to increase to 20,000.
Muscatine Welcomes ‘The Summer of Soccer’

*Photos courtesy of Muscatine Summer Classic, a tournament held by the Muscatine Soccer Club

Advertise Here!

Call GMCCI today at 263-8895!

We’ve expanded! Place your advertisement here. Reach hundreds of Muscatine business professionals for as low as $50 per month. Call GMCCI, 263-8895, to reserve your spot.
July

4 July
Muscatine Independence Day Parade
5PM

5 July
SCORE
1:30 to 3:30 PM

12 July
SCORE
1:30 to 3:30 PM

Business After Hours
Hosted by: Muscatine Physical Therapy Services
5 to 7 PM
*Will be located at their NEW Sports Performance Center, 810 Park Avenue

17 July
Muscatine Employer’s Council Internship Options with MCC
Presented by: John DaBeet, MCC
Noon to 1 PM

19 July
SCORE
1:30 to 3:30 PM

YPN’s Third Thursday
The Lighthouse
5:30 to 7:30 PM

20 July
GMCCI Executive Board Meeting
Noon to 1:30 PM
GMCCI Conference Room

26 July
SCORE
1:30 to 3:30 PM

GMCCI Board of Directors 2012-2013

Officers
Chair of the Board
David Penn, Monsanto
Chair Elect
Sal LoBianco, Muscatine Power & Water
Treasurer & Chair-Finance
Rick Smith, Stanley Consultants
Chair – Membership
Bob Allbee, Muscatine Community College
Chair – Community Development
Pam Collins, Musser Public Library
Chair – Economic Development
Doug Krieger, Krieger Motor Company
Chair – Public Policy
Lynn Allison, Ruhl & Ruhl

Directors
Doug Krieger, Krieger Motor Company
John Kuhl, Muscatine Foods Corporation
Sal LoBianco, Muscatine Power & Water
Gregg Mandisager, City of Muscatine
Jay McKeen, McKee Button Company
Ann Meeker, Pearl Plaza
Dave Mohr, Eastern Iowa Light & Power
Brett Nelson, Musco Lighting, LLC
Kasey O’Kelly, Hy-Vee
Darin Pasca, Kent Feeds
David Penn, Monsanto
Jim Reynolds, Reynolds Engineering
Gary Slight, Community Bank
Rick Smith, Stanley Consultants
Nancy Snaadt, Alliant Energy
Kais Kelly, Muscatine County
If your network goes down for one hour, you could lose more than a little steam.

Exposure

Every day you’re in a race against the competition. So how long has it been — in network years — since you kicked the tires? Checked under the hood? You know, really looked her over?

For example, does your data network:

- Deliver peak efficiency?
- Have enough capacity?
- Provide the level of protection you need?

If you answered "no" or even "I don’t know" to any of these questions, you may have exposure and vulnerability issues that are compromising your productivity and leaving you risk impaired.

This is not uncommon:

Many companies find their networks difficult to diagnose, optimize, monitor and maintain.

It’s a catch-22: “If we don’t know it’s broken, then let’s not bother fixing it.”

If this sounds like you, this could be costing you money:

- the money you’re losing now, and,
- the money you could lose down the road... sooner or later.
Time is Money

You could be losing money now in one or more of the following areas:

- Security
- Data Protection & Integrity
- Asset & Document Management
- Uptime Stutter (system drag and drain)
- Capacity
- Backup & Storage

You could also lose money later – due to a negative network event.

Just how much money are you currently losing, and how much do you stand to lose as a result of network vulnerabilities?

We can help you answer this, but one thing’s for certain:

It’s almost always more than you think.

Which is why we’d like to offer you something of real value.

And it’s absolutely... Free!

Peace of Mind

As your full-service business technology partner, we’d like to offer you a Comprehensive Network Audit – a $500 value – absolutely FREE!

The results will show you whether and where your network is currently at risk, and the extent and severity of each of your vulnerabilities. When we’re done, you’ll have a complete picture of your network’s current strengths and main areas where potential problems could occur.

Once you have all the facts you can then decide which – if any – of those vulnerabilities you’d like us to address, and whether a Managed Network Solutions partnership with ITP would benefit your company.

Remember, the Comprehensive Network Audit is absolutely FREE. Think of it as free peace of mind that could help your company avoid a major network disaster before it happens.

You probably already know us.

As a subsidiary of WTC Communications, Inc., ITP has over a century of experience in telecommunications and technology across eastern Iowa and western Illinois.

As your full-service technology partner, our capabilities include:

- Phone Systems/VoIP
- Premise Security Solutions
- Computer Networking/Wireless Solutions
- Structured Cabling
- Managed Network Solutions
- Overhead Paging
- Bells, Clocks and Intercom

Our goal is to provide you with superior products and services in a manner that exceeds your expectations.

As always, we appreciate your business.
BIRTHDAY BASH & HOG ROAST

NOTE!!  BAH Event will be held at the ‘new’ MPTS Sports Performance Center located in the Lincoln Center, 810 Park Avenue, Muscatine (in back), call us at (563) 288-6787 if questions!

MPTS, PC is celebrating our 30th Birthday this year in addition to opening up our brand new MPTS Sports Performance Center!

Great Food, Great Friends, and a Dunk Tank Too!!

Don’t Miss This One!

Thursday
12TH JULY
Starting at 5:00 pm

Dunk Tank * Games * Door Prizes
Tours * Sports Performance Demos
And you!

100% of all ‘Dunk Tank’ proceeds will go to charity!

‘Our Strength has been Helping You Regain Yours’ for over 30 years!
And We THANK YOU!
Trinity Muscatine
Express Care Service

Express Care treatment is for a condition that requires prompt attention, but does not pose an immediate, serious health threat. Express Care treats many problems that can be seen in a primary care physician’s office.

Trinity Muscatine offers Express Care services seven days a week for your convenience. Records of your Express Care visit are immediately available electronically to your Trinity provider for follow up care.

Examples of what can be treated in Express Care include:

- Abdominal pain
- Respiratory Conditions
- Cold/flu
- Ear and eye conditions
- Fever
- Headache
- Skin rashes
- Sore throat
- Sprains/strains
- Urinary tract infection
- Vomiting/diarrhea (stomach flu)
- Minor work injuries
- Physicals
- Minor injuries

Express Care Hours

Walk-ins Only
Monday – Friday 1:00 PM – 8:30 PM
Saturday – Sunday 9:00 AM – 4:30 PM

Call (563) 264-9508 or visit our website at Trinitymuscatine.com for wait times

We understand the serious injuries also occur during times when Trinity Muscatine is closed. Serious injuries and medical issues should always be handled in the Emergency Department.

Examples of medical issues that should go to the Emergency Room include:

- Alcohol/drug intoxication overdose
- Amputation/severe lacerations
- Depression
- Loss of consciousness
- Pregnancy complications
- Seizures or convulsions
- Sudden shortness of breath or chest pain
- Suicide attempt/thoughts
- Suspected heart attack or stroke
- Head injuries
- Severe abdominal pain
Other services are available at these Trinity Muscatine Physicians Clinics:

- Family Practice – Cedar Street Clinic: 563.262.4101
- Family Practice – Mulberry Avenue: 563.262.4110
- Family Practice – Wilton Clinic: 563.732.2121
- General Surgery: 563.262.4112
- Internal Medicine: 563.262.4111
- Obstetrics and Gynecology: 563.262.4113
- Occupational Medicine: 563.262.4120
- Orthopedic Surgery: 563.264.9185
- Otolaryngology (ENT): 563.264.9197
- Pediatrics: 563.262.4115
- Snoring & Sleep Disorders Clinic: 563-264.9197

Payment Policy

Payment for all services is expected at the time of the visit. We accept cash, checks, VISA, MasterCard and Discover.

Insurance

Patients are asked to present their insurance card at each visit. Deductibles, co-pays, etc. are collected at the time of service. For your convenience most major insurance is accepted and filed. For insurance plans that we do not participate in, we will provide the necessary information for you to file your own insurance claim. Please call 563-262-4116 for billing and insurance questions.

If you do not have insurance and would like information regarding financial assistance of other programs that might be available, please call 563-264-9118.
Illness is never convenient. **But UI QuickCare is.**

- Affordable treatment of common illnesses and injuries
- No appointment necessary
- Open to anyone six months or older
- Insurance, cash, credit or debit card accepted
- Affiliated with University of Iowa Hospitals and Clinics

**UI QuickCare – Muscatine**
3465 Mulberry Ave.
Muscatine, IA 52761
563-263-0590

Hours:
5 to 7 p.m. Monday through Friday
8 a.m. to 5 p.m. Saturday and Sunday

For more information, visit uihealthcare.org/quickcare.
UI QuickCare
Walk-in medical clinic. No appointment necessary.

How does UI QuickCare work?
UI QuickCare is a walk-in medical clinic available to anyone in the community. It should not replace regular visits to your doctor. However, when you are sick or ill, but don’t need an emergency room or can’t get to your regular doctor, UI QuickCare is a convenient choice open to anyone more than 6 months old. No appointment necessary.

Who will treat me?
Physician assistants and advanced nurse practitioners connected to UI Hospitals and Clinics provide your care. Each UI QuickCare location is electronically connected to the Emergency Treatment Center at UI Hospitals and Clinics in case more advanced care is required.

What forms of payment are accepted?
UI QuickCare services are affordable and payment is due at the time of service. Insurance is not required, but most plans are accepted. Cash and credit cards are also accepted.

What can I be treated for?
UI QuickCare services are geared toward common illnesses like earache, strep throat, and the flu. If you should require medical care outside the following list of conditions, you’ll be referred to your primary care doctor or an emergency room, depending on your illness.

What happens after my UI QuickCare visit?
Your UI QuickCare provider may refer you to your primary care doctor. If you don’t have a regular primary care doctor, we’re happy to help you find one who meets your needs.

UI QuickCare Services ($69)*

Respiratory Illnesses
• Bronchitis
• Chest/nasal congestion
• Cold
• Cough
• Seasonal allergies
• Sinus infection
• Sore throat/laryngitis

Head, Ear, and Eye Conditions
• Ear infection/earache
• Ear wax
• Eye infection
• Pink eye/stye

Minor Injuries
• Minor burn
• Minor musculoskeletal injury

Stomach and Genital Urinary Conditions
• Bladder infection
• Diarrhea
• Flu symptoms
• Nausea/vomiting
• Urinary burning/frequency
• Sexually transmitted disease (STD)

Skin Conditions
• Athlete’s foot
• Cold sore
• Insect bite
• Rash/itch
• Ringworm
• Skin infection
• Sunburn

Physicals
• Sports physical
• Brief work physical

On-Site Lab Testing
• Glucose
• Mono test
• Pregnancy test
• Rapid influenza
• STD testing
• Strep screen
• Urinalysis

Immunizations and Injections**
• Influenza
• Tetanus
• Tuberculosis screening

*If lab or blood tests are performed, there may be a minimal, additional charge.
**There may be an additional charge for the administration of immunizations/injections.
*Pricing is subject to change without notice.
**Infant and well child routine vaccinations (except for influenza) are not available at UI QuickCare.